

WOLLO UNIVERSITY
College of Natural Science
Department of Sport Science

Course title - Handball

Course Code - SPSc 2114

Credit Hours – 4.

Academic year; 2012 Ec.

Program regular, Semester II

Course Description

The theoretical and practical part of this course deals with the brief history and the development of the hand ball game, defense and attack movements in the court, phases of attacking, functions of the players with and without ball, drill and model exercise, selection of players and performance test

Course objective

- At the end of the course the students would be able to:
- Explain historical development of handball
- Develop the fundamental skills of hand ball
- Identify tactics of hand ball game
- Differentiate exercises important for hand ball players
- Design their own exercise that help for hand ball players
- Design their own system of attacking & defending system on the court

Chapter	Content
1. Chapter one	<ul style="list-style-type: none">➤ Historical back ground of handball game➤ Rule and Regulation of Handball
2. Chapter Two	Fundamental Techniques of handball
3. Chapter Three	Attacking techniques
4. Chapter Four	Defensive techniques and Goal keeping

Assessment:-

	Date	%	Competency
Attendance		10	All class
Quiz /Test		10	Theory
Mid exam		30	Theory
Practical exam		50	Practical